



Wahiawa Hongwanji Mission

Phone: 808.622.4320 * Mon.-Fri. 8 a.m. to 12 noon * email: office@wahiawahongwanji.org
 Website: www.wahiawashinbuddhists.org
 President: Mr. Glenn Hamamura * Minister:

Metta: Loving Kindness

February is the month of love (Valentine)

Extend your love to all

One day Buddha was walking through a village. A very angry and rude young man came up and began insulting him. "You have no right teaching others, he shouted. You are as stupid as everyone else. You are nothing but a fake."

Buddha was not upset by these insults. Instead, he asked the young man, "Tell me, if you buy a gift for someone, and that person does not take it, to whom does the gift belong?"

The man was surprised to be asked such a strange question and answered, "It would belong to me, because I bought the gift."

The Buddha smiled and said, "That is correct. And it is exactly the same with your anger. If you become angry with me and I do not get insulted, then the anger falls back on you. You are then the only one who becomes unhappy, not me. All you have done is hurt yourself."

"If you want to stop hurting yourself, you must get rid of your anger and become loving instead. When you hate others, you yourself become unhappy. But when you love others, everyone is happy."

The young man listened closely to these wise words of the Buddha. "You are right, O Enlightened One," he said. "Please teach

me the path of love. I wish to become your follower."

The Buddha answered kindly, "Of course. I teach anyone who truly wants to learn. Come with me."

Beautiful Quotes:

If you are right then there is no need to get angry, And if you are wrong then you don't have any right to get angry.

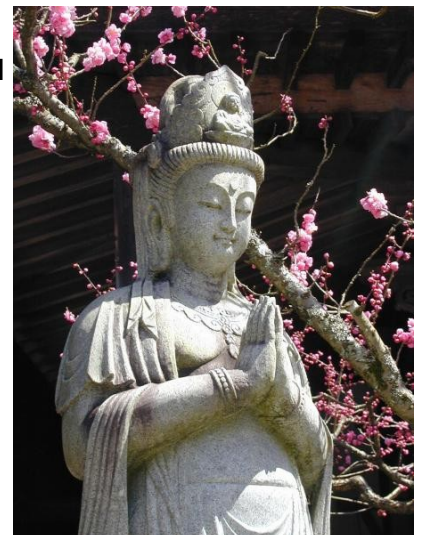
Never Think Hard about PAST, It brings Tears...

Don't Think more about FUTURE, It brings Fears...

Live this Moment with a Smile, It brings Cheers!!!!

Search a beautiful heart not a beautiful face. Beautiful things are not always good but good things are always beautiful.

*Avalokitesvara (Kannon)
 Bodhisattva of Compassion
 and Loving Kindness*





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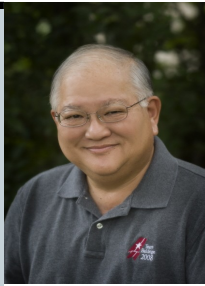
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WHM newsletter is published by friends of the Dharma. Volunteers are welcome to serve on the committee. Please send comments and change of address to WHM office or email at news@wahiawahongwanji.org.
Roy Higa, Editor



President's Message

Glenn Hamamura

FEBRUARY 2012

We are through one month without a resident minister, and things are going well, with a lot of volunteer help. We are following our schedule of using both visiting ministers and lay speakers in running the services, and the feedback has been good. We have been able to have a full schedule of Sunday services, and I hope that you can participate in them. We led off January with the Pacific Buddhist Academy, and then followed with Alan Goto from the Hawaii Betsuin. As I write this, we are looking forward to having one of our members, Cheryl Tomita, speak on her leadership at Waikiki School, which follows principles of mindfulness in education. When I visited this school last year, I was very impressed with the integration of values, behaviors, and actions in alignment with their principles, and among all the school's stakeholders. Implementation is the most difficult discipline in organizational change, and Waikiki School is a world class example of alignment and integration. I am hoping that their lessons can help our temple create such depth of alignment with our Buddhist values.

Memorial services have gone well. We have a detailed scheduling system with several officers and office staff involved. One of the very positive things about the way we are doing it now (until we get a resident minister) is that we have a temple member greeting the families having services, and introducing them to the visiting minister. This has been very well received. Please work with us as you schedule your services, and I hope that you find that this Buddhist tradition is valuable to you and your families.

I continue to work with Bishop Eric Matsumoto on our replacement minister. There are other temples that have not had ministers for more than 6 months, and so our expectation is that we will need to operate using visiting ministers and temple member volunteers for a while more. I feel that this is a great growth opportunity for those temple members that participate in keeping our temple operating.

Several of us will be going to the Giseikai (Legislative Assembly) in February, and I hope to provide you with an update next month.

In Gassho

Glenn Hamamura

Dharma Talks

Rod Moriyama

EATING OXTAIL SOUP

After a hot shower in the clubhouse, I walked upstairs to join the rest of the gang who were eating their brunches. I'm always the last to get up there. There are eight of us who play every Tuesday, Thursday, and Saturday at the Moanalua Golf Course. Sometimes there are as few as four, but on most days, there are at least six of us.

"Eh, Rod...da oxtail soup is real ono! It's the special today!" says George as I walk past. It certainly looked good as he slurped up the soup. "Make sure you get the extra ginger too. The waitress, she donno how for eat the soup! Da soup is perfect...maybe tomorrow mo' perfect cuz the meat just about ready to fall off da bone. Also get plenty fat so real ono!"

George is approaching eighty years old, healthy as an ox, and lives life with gusto! He's the guy who always orders "extra fat" red kau yook when we go to our favorite Chinese restaurant to celebrate birthdays, holes-in-one, or just to have a good time. I've known George for over 40 years and he has always been a positive role model and organizer of activities for a number of groups in Hawaii.

This is truly Nirvana as we know it...this moment of pure joy and camaraderie. Reverend Gomay Kubose in his book, Everyday Suchness, writes about Nirvana as real life...not just a concept.

Reading these passages reminds me constantly of the paradise in which we live in Hawaii. Playing golf has so many parallels. I'm sure it's true in just about anything you do. Sometimes it doesn't matter how well you can hit the ball, the ball just won't listen. You can feel that perfect hit and know that it is just so...it will go exactly where you wanted it to go. The next moment, you are dashed (humbled) as you duff the ball or shank it. Such is life isn't it? If you carry the negative feelings, they will continue to haunt you throughout the game. Focus on the present, the next shot, and feel that it will be your best.

Living life this way is the Buddhist way. Some questions still come to mind like: how do we live in the competitive, dynamic world and still maintain inner peace? What thoughts go through your mind as you make your back swing....oh yes...YOU'RE NOT SUPPOSED TO BE THINKING!! How do we accept life as it is and still excel in it? Buddhism provides these life lessons. There are many schools of thought that provide frameworks to digest these complex lessons. We will discuss these in the context of Buddhism in the future.

By the way, the oxtail soup was excellent! Two scoops of rice, extra ginger, lots of oxtail and yummy dashi (soup)....hoo....so...ono!

"The whole world is Nirvana, and Nirvana is suchness. Nirvana is everyday life. The world, the everyday world, appears chaotic or peaceful, ugly or beautiful, depending on our own minds. We make the world the way we want to in our minds. An ugly and nervous mind cannot see the beauty and peace in the world. Our own world is the reflection of our own minds. It is like seeing the world with colored glasses. If we take off the colored glasses, we will see the world and things as they are. To see things as they are and to understand things as they are is the key to Nirvana."

In Gassho,
Rod Moriyama

Dharma School News

Carolyn Uchiyama

Pacific Buddhist Academy

On January 8th, Head of School Pieper Toyama and eight students from the Pacific Buddhist Academy helped us perform the Sunday service. Pieper explained about the various parts of the service that helped us understand its purpose. Many of us perform it out of habit rather than understanding it fully. After the ringing of the kansho, 3 students from PBA and Arlene Ogata, Alan Kakazu, and Dale Shimauro said the Vandana and Ti-Sarana together. Also 3 PBA students and Carolyn Uchiyama, Rod Moriyama, and Barbara Ladao chanted the Juseige in the naijin. That was a good practice for the Sundays the Wahiawa members will lead the service.

The dharma message by Pieper explained the purpose of temple service at PBA. The points he brought out hold true for us, too. Since we will be doing our own dharma messages he gave the importance of the message: no longer than 20 minutes, be prepared with notes for your message, be able to summarize your three main points in one sentence, and make eye contact so you are aware of your audience.

This was a good beginning for us in 2012 without Rev. Kevin as our resident minister. These lessons will help us perform Sunday services well for our Sangha.

Wahiawa Hongwanji Dharma School Scholarship

On February 5th, the WHM Dharma School Scholarships will be available for any senior graduating in May. The eligibility criteria are that the student will: graduate at the end of the school year; further his/her education beyond high school; and have a family member hold membership at the Wahiawa Hongwanji Mission.

The scholarship applications are available in the temple office between the hours of 8:00 – 12:00 Monday through Friday. You may also receive them from a dharma schoolteacher or after services on Sunday.

The deadline for scholarship applications is April 1, 2012.

ANNOUNCEMENTS

St. Stephen's Food Pantry

We will collect food on the first Sunday of the month – February 5. Thank you for the January food collection. We collected quite a lot of food for the Pantry. Your continued support is greatly appreciated.

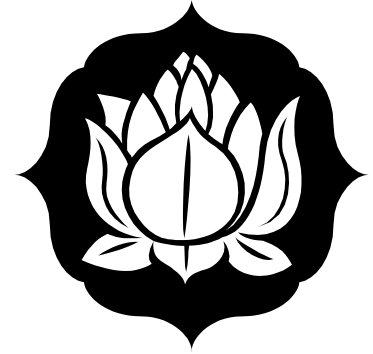
Dharma School.

We will have Dharma school on February 5 and 26. Students will be practicing for the Hanamatsuri service in April and getting their posters ready for the DSTO poster contest due in March.

Wahiawa Hongwanji Sunday Service Schedule

February

- 5 – Luanne Bongiorno will share about life’s challenges.
- 12 – Rod Moriyama sat on a panel at the Nembutsu Seminar at Pearl City and he will share about his journey in Buddhism.
- 19 – Reverend David Nakamoto
- 26 – Irene Nakamoto and the WHM New Years Party



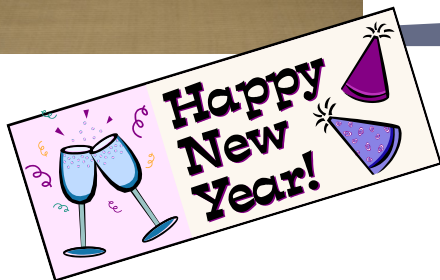
March

- 4 – No service – Oahu District Sangha Day
- 11 – Spring Ohigan with Rev. Kojun Hashimoto from Kauai.
- 18 – Juliet Kono Lee – Big Island native, English instructor at Leeward Community College, and author of the latest book, “Anshu.”
- 25 – Roy Higa will share about his experiences traveling in India – Shakyamuni Buddha’s birthplace.



INTERESTED IN LEARNING ABOUT BUDDHISM IN AN INFORMAL GATHERING?

If your answer is **yes**, please join us on the first Wednesday of each month in the BWA room. It starts at 7p.m. and ends about 9p.m. We begin with viewing a video for about an hour; followed with an informal discussion and questions and answers session. Generally, participants will bring goodies to share and have great fellowship. Please contact the office for any questions. Please come and join us.



WHM New Year’s Party

Date: February 26, 2012

Time: 11 a.m.

Place: Wahiawa Social Hall

Cost: \$10

If you are 75 years old last year, please call the office to receive special recognition and free admission.

This monthly publication can be received by you as a black and white paper version or a full color e-mailed version. If you are receiving the paper version and would like to switch to the e-mail version, please send us your request and e-mail address to news@wahiawahongwanji.org.

Thank you



MEMBERSHIP DEVELOPMENT NEWS

Dale Shimaura

CRAFT & HOBBY CLUB – check your monthly newsletter and join us in any project of interest to you. New and varied activities are introduced throughout the year. Lei-making is on-going and are used for Sunday services and special occasions. Club meets every Thursday at 9:30am in the BWA Room.

Note: If you have a special skill you'd like to share, or if there is something you'd like to learn, please let us know.

HEALTH & WELLNESS – start 2012 on the right foot! Join us every Tuesday and Thursday at 8:30am in front of the temple for some stretching, light exercises and walking. All that you need are some comfortable clothes, your walking shoes and a good attitude!

MOVIE NIGHT – is held on the 4th Friday of each month with the exception of June (Obon), November (Thanksgiving) and December (Christmas holiday). New chairman, Vernon Yamamoto, is asking for your feedback with regard to the type of movie you would like to see. Movie is shown in the temple and starts at 6:00pm. A full dinner is prepared and served by the Dharma School teachers beginning at 5:30pm. Dinner usually consists of white or brown rice, a main dish- chili, hamburger curry, etc, green salad and dessert. Dinner is \$5.00. Water, coffee or tea is \$1.00. Movie is FREE. Everyone is invited so come out and make a night of it!

QUILTING CLASS – is open to anyone wishing to learn how to quilt. No prior experience necessary and you can be at any skill level. Classes are held twice a month on the first and third Friday, at 8:30am in the BWA Room, so come and check it out!

Leader: Ethel Yamamoto.

SANGHA STRUMMERS – is our very popular and always in demand WHM ukulele club! This group not only provides music and entertainment at many of our own temple functions, but has also been invited to play at other temples. Most recently they were invited to play at a special Moiliili Hongwanji service, after which they enjoyed a jam session with that temple's Happy Sangha Strummers.

If you sing, dance or play the ukulele please consider joining this fun group. Or, if you have ever wanted to learn how to sing, dance or play the ukulele, please consider joining this group. No prior experience necessary - only the desire to have a good time, while providing a service!

Leaders: Judi Kakazu and Richard Fujimoto.

WELCOME COMMITTEE – a very important committee which oversees our Sunday Service, making sure that visitors and newcomers are greeted and welcomed at the door. This committee also conducts a Member Orientation Program for our new members. And they provide welcome service at our temple functions. This committee is always looking for happy friendly people who can make others feel the same. If you are willing to greet newcomers at the door, or sit with them through a service, we can certainly use you. Anyone is welcomed to join, including new members. Questions asked which you are unable to answer can be directed to someone who might have the answer, so no need for a degree in Buddhism to be on this committee. In fact, this might be a good way for you to learn about the religion. No other requirement besides a happy friendly personality and the willingness to help by being of service to your temple and others.

Leader: Alfred Paulino

If you have any questions or are interested in any of the above groups or committees, please call the office.

OAHU UNITED DISTRICT SEMINAR

Using "Path of Entrusting: Recite the Nembutsu" as its theme, the 39th Annual Seminar will be hosted by the Wahiawa Hongwanji BWA this year.

Event: Oahu United Annual Seminar
Date: April 21, 2012 (Saturday)
Time: 8:30 a.m. – 12:30 p.m.
Place: Wahiawa Hongwanji Mission
Cost: \$11
Deadline: March 28, 2012

This seminar schedule begins with registration and morning coffee, followed by the opening service. Participants will attend a Dharma lecture based on the theme; choosing between presentations in either English or Japanese.

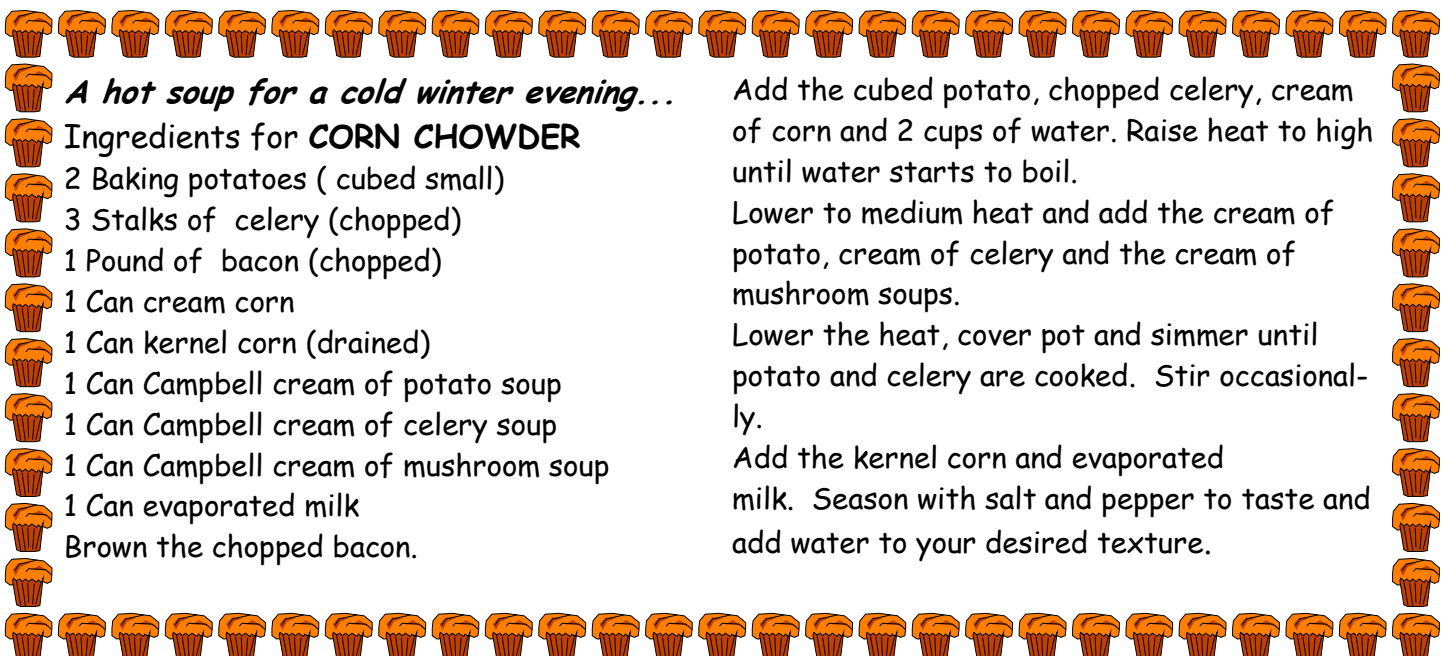
For our General Education program, Elaine Kawamoto, one of our members, will share her experience with breast cancer. A bento lunch precedes the closing ceremony.

Sign-up for the seminar begins in February. Call Evelyn Komori if you wish to attend or if you have any questions. *Checks are payable to: Wahiawa Hongwanji BWA, Attention: Seminar*, and may be mailed to P.O. Box 860265, Wahiawa, HI 96786.

Let's attend the seminar. It will be half-day well spent, listening to persons who are willing to share their thoughts and experiences; helping us to become more aware of Nembutsu in our lives.

DUES:

Just a friendly nudge to remind you that our dues of \$15 for 2012 should be paid ASAP.



A hot soup for a cold winter evening...

Ingredients for CORN CHOWDER

- 2 Baking potatoes (cubed small)
- 3 Stalks of celery (chopped)
- 1 Pound of bacon (chopped)
- 1 Can cream corn
- 1 Can kernel corn (drained)
- 1 Can Campbell cream of potato soup
- 1 Can Campbell cream of celery soup
- 1 Can Campbell cream of mushroom soup
- 1 Can evaporated milk

Brown the chopped bacon.

Add the cubed potato, chopped celery, cream of corn and 2 cups of water. Raise heat to high until water starts to boil.

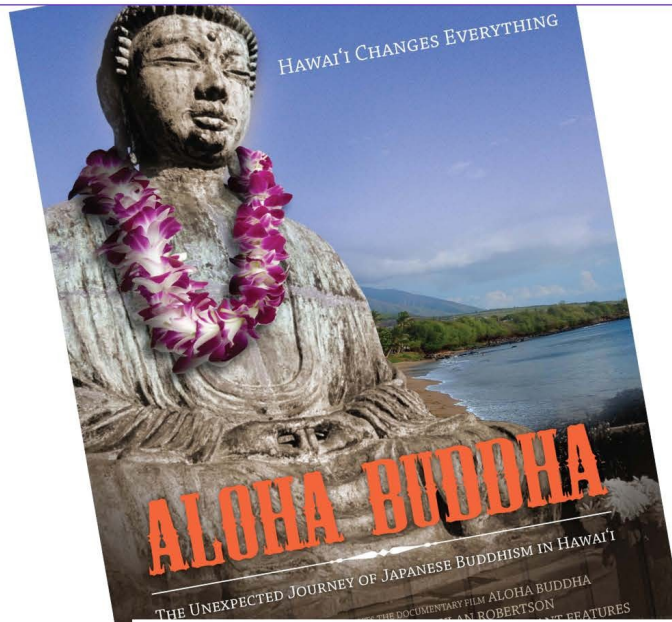
Lower to medium heat and add the cream of potato, cream of celery and the cream of mushroom soups.

Lower the heat, cover pot and simmer until potato and celery are cooked. Stir occasionally.

Add the kernel corn and evaporated milk. Season with salt and pepper to taste and add water to your desired texture.

Hawaii Association of International Buddhists (HAIB),
Pacific Buddhist Academy (PBA),
and Bukkyo Dendo Kyokai Hawaii (BDK) Presents:

SPECIAL RETURN SHOWING OF ALOHA BUDDHA



DATE: Tuesday, February 7, 2012
TIME: 6:30pm
PLACE: Consolidated Theaters – Kahala
COST: \$8.00

Tickets can be pre-purchased at:

Pacific Buddhist Academy 1710 Pali Highway Hon. 96813 Ph. 532-2649	Honpa Hongwanji Hawaii Betsuin 1727 Pali Highway Hon. 96813 Ph. 536-7044	Soto Mission of Hawaii 1708 Nuuanu Ave. Hon. 96817 Ph. 537-9409
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A panel of experts will field questions after the movie

Panelists include:

Dr. Al Bloom, Ms. Lily Horio, Dr. Lorraine Minatoishi Palumbo, Dr. George Tanabe,
and moderated by Dr. Pat Masters

Wisdom & Compassion At the End of Life: A Buddhist Symposium



*Avalokitesvara (Kannon)
Bodhisattva of Compassion*

Friday & Saturday
March 9 & 10, 2012
Honpa Hongwanji Hawaii Betsuin
Annex Temple
1727 Pali Highway, Honolulu

How can we face the death of a loved one? How does understanding dying help those who must care for their elders and those who have lost dear ones? What are some Buddhist approaches and practices to deal with these most trying times?

Registration cost: \$30
More information: Buddhist Study Center
Phone: 973-6555
Email: bscassist@honpahi.org

**Sponsored by: The Buddhist Study Center and the
Hawaii Association of International Buddhists**

PROGRAM SCHEDULE (Tentative)

Friday night, March 9

- 6:00pm Registration & Refreshments
- 6:30 Opening-Bishop Matsumoto
- 6:45 Intro to panel - Dr. Carl Becker
"Approaches to End of Life Care from different Buddhist perspectives"
The panel will represent Theravada, Tibetan, Chinese and Japanese traditions
- 8:15 Questions and Discussion
- 8:35 Break
- 8:45 Sharing of personal experiences
- 9:45 Summary and Wrap Up

Saturday morning, March 10

- 7:30am Registration & Refreshments
- 8:00 Chant Shoshinge in Hondo
- 8:30 Keynote Presentation - Dr. Carl Becker
- 9:50 Session I – Spiritual Care.
Breakout sessions:
Hospice care
Palliative care in the hospital
Bereavement
- 11:10 Session II
Same as Session I.
Participants to change rooms
- 12:25 Lunch
- 1:30 Session III
Breakout sessions:
Workshop: putting things in order legal matters and health directives.
Workshop: How Japanese traditions deal with end of life issues.
Workshop: Raising consciousness at the moment of death, a Tibetan Buddhist approach.
Current programs for compassionate care (Project Dana, etc).
- 2:55 Session IV
Whole group summary session – next steps
- 3:30 Summary – Carl Becker
- 4:00 Close



Dr. Carl Becker

Dr. Becker is a Professor at the Kyoto University Graduate School, Kokoro Research Center and Department of Human and Environmental Studies.

He received his Ph.D. in Comparative East-West Philosophy from the University of Hawaii in 1981 as an East West Center Grantee.

Wahiawa Hongwanji Mission FEBRUARY 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 7pm- Dharma Group- BWA Rm.	2	3 7pm- Advanced Meditation Giseikai	4 Giseikai
5 9am- English service Spk. Luane Bongiorno	6	7	8	9 7pm- Club Asoka Meeting. BWA Rm. 7:30am- Hoshu	10	11
12 9am- English service Spk. Rod Moriyama 10am- BWA meeting 10am-Board Meeting	13	14	15	16 11am- Hospital visitation (PD)	17 7pm- Advanced Meditation	18
19 9am- English service Rev. David Nakamoto	20	21	22	23 7:30am- Hoshu	24 6pm- Movie Night	25
26 9am- English service Rev. Irene Nakamoto 11am-New Year Party In Social Hall	27	28	29			

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Wahiawa Hongwanji Mission

March 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 7pm– Advanced Meditation	3
4 9am-Oahu District Sangha Day-Host Aiea	5	6	7 7pm– Dharma Mtg. BWA Rm.	8 7pm-Club Asoka Mtg. BWA Rm.	9	10 9am-Altar Awareness
11 8:30am-Spring Ohigan (Japanese) 10am-Ohigan (English)	12	13	14	15 11am-Hospital Visitation (PD)	16 7pm– Advanced Meditation	17
18 9am-Sunday Service 10am-BWA Meeting	19	20	21	22	23 6pm-Movie Night	24
25 9am-Sunday Service	26	27	28	29	30	31