

Wahiawa Kendo Club Bulletin - February 2024

We were very happy to have Takakazu Nishikawa Sensei, Renshi 7 Dan, from Hong Kong at our Honbu Dojo practice on Sunday, January 28. During his stay in Hawaii he taught at Kenshikan Dojo, too. The person who brings his heavy kendo equipment all the way from Hong Kong and practice rather than hitting beaches is naturally very good in kendo. I was impressed.

We are very honored to expect Dr. Tsuyoshi Inoshita from Ohio repeating his kendo visit on Sunday, February 4 at Honbu Dojo. He came to be with us on February 20, 2022 at Kaimuki Honbu Dojo where he was at *motodachi* for 1 hour 15 minutes, non-stop. I was surprised to see his *aiuchi-men* was faster than young *kenshis*.

Yamada Masayuki Sensei of Iwate Prefecture will visit Hawaii from February 19 through 27. During his stay, we are very fortunate to have him on 21st Wednesday at our dojo. Please come to our dojo and get his lesson. We expect him to come to other dojo's, too. His last visit was in February 2023 when he brought his granddaughter Mizuki and grandson Eita with him.

Steveston Kendo Club located in the suburb of Vancouver, Canada, is hosting their 60th Annual Tournament on Saturday, February 24. Hawaii is sending our delegation of about 30 people to commemorate its 60th including 7 persons from our dojo. Many are combining this with their winter vacation. We are not used to cold weather. Stay warm and safe. Enjoy the tournament and vacation.

Kenshikan Kendo Club is sponsoring their tournament on Sunday, March 10 at Halawa District Park Gym from 8:30AM. The entry deadline ends soon. Please let me know if you are participating. Those who want to come and see, you may order bento lunch they provide. Let me know if you want to have bento lunch ordered for you. Kamiya Akihiro Sensei told me that he will visit Hawaii coinciding Kenshikan Tournament with 2 other senseis from Japan, so far.

Call, send cards, write letters, send text messages and email to your friends and relatives. You do not realize that we have so many lonely people especially after COVID lockdown. Join social clubs such as Rotary, Lions, Kiwanis and Soroptimist to do something with others. Attend Church and Temple services. Create your own clubs among friends with same interest and get together periodically. Being with friends will promote mental and emotional wellbeing. If you practice kendo regularly, it will add your bodily health as well as mental stability through friendship with practice partners.

Iwao Sato

Chief Instructor - Wahiawa Kendo Club
Club website - www.wahiawakendoclub.com